

Assessing functional outcomes after treatment of head and neck cancer –
 Recommendations of an interdisciplinary expert committee (as of Oct 2011)

| | RECOMMENDATIONS FOR CLINICAL TRIALS* |
|---------------------------------|--|
| DIETARY INTAKE | Change in body weight (kg, BMI) |
| | Number of patients with gastric tube, PEG, parenteral nutrition |
| | Clinical evaluation dental status |
| | Nutritional Risk Score (NRS) ¹ |
| | Eating Assessment Tool - Eat 10 ² |
| | Penetration Aspiration Scale ³ |
| | Schluckbeeinträchtigungsskala according to Prosigel ⁴ |
| | EORTC QLQ-H&N35 ^{5, 6} - single items dietary intake (Fragen 33, 35, 37, 41, 50, 51, 52) |
| | MD Anderson Dysphagia Inventory - MDADI ^{7, 8} |
| PSYCHO-SOCIAL ISSUES | Alcohol Use Disorders Identification Test – AUDIT ⁹ |
| | Fagerström-Test for Nicotine Dependence – FTND ^{10, 11} |
| | Hospital Anxiety and Depression Scale – HADS ^{12, 13} |
| PAIN | Numerical Rating Scale Pain (Scale 0-10)¹⁴ |
| VOICE SPEAKING BREATHING | Number of tracheostomy patients |
| | Dysphonia Severity Index - DSI ¹⁵ |
| | Voice Evaluation Protocol of the European Laryngological Society (ELS) ¹⁶ |
| | Voice Handicap Index – VHI ^{17, 18, 19} |
| | Acoustic Measurements |
| THERAPY CONTROL | Common Terminology Criteria for Adverse Events – CTCAE²⁰ |
| | Eastern Cooperative Oncology Group (ECOG) Performance Status Scale²¹ |
| | Results from imaging and photo-documentation (panendoscopy (incl. tracheoscopy and oesophagoscopy), B-Scan, X-ray, CT, MRT, PET, etc.) |
| | Late Effects Normal Tissues (LENT)-Subjective, Objective, Management, Analytic (SOMA) scales ²² |
| | EORTC Quality of Life Questionnaire-C30 ²³ and H&N35 ^{5, 6} . |
| FURTHER ORGANIC PROBLEMS | Active and passive functional examination (possibly goniometer; ruler; from cervical range of motion instrument) |
| | Audiogram (sound and voice) before, during, after chemotherapy |
| | Orienting assessment of cranial nerves |
| | Laboratory values, depending on indication: blood count, electrolytes, kidney values, TSH and possibly further thyroid values, coagulation test labs, serology, among others |
| | Muscle function test, classification according to Janda or Kendall shoulder region; neck and facial muscles (incl. tongue) among others |
| | Sensitivity tests: sensation of cold and hot; light touch incl. documentation bodychart |
| | Visual acuity test, double vision, subjective vision loss |
| | Taste test |
| | Mouth opening, measured in (finger width; cm - slide gauge) |

***Note:** instruments printed in bold are recommended for use in all patients with HNC, all the other instruments can be used optionally, if required

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