PUMPED

Profiling and Understanding Milk Pumps, Expenses and Disbursements



Principle Investigator: Dr. Melissa Theurich, MPH, IBCLC, melissa.theurich@lmu.de
Chair of Public Health and Health Service Research, Institute for Biostatistics,
Epidemiology and Medical Information Processing, Medical Faculty,
Ludwig-Maximilians-University of Munich
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Background

Breastfeeding provides substantial health benefits for both mothers and infants, reducing the risk of various diseases. It is especially important for small, sick and premature infants. Breast pumps may be used to express milk by mothers when infants struggle with direct breastfeeding or when they return to work. Scientific research on breast pump accessibility, costs, and insurance coverage remains scarce. The PUMPED project aims to fill this research gap by describing the landscape of breast pumps in Germany. The project will help to inform how the German health care system can effectively support lactating mothers who are expressing their milk. The PUMPED project aims to examine and describe the current landscape of the breast pump market in Germany and explore the accessibility and costs for purchase or rental of breast pumps.

Methods

MÜNCHEN

Two cross-sectional studies will explore the types and costs of personal-use and medical-grade breast milk pumps available in Germany. The first survey will be a digital market landscape analysis, extracting data collected from online marketplaces where personal-use breast pumps are sold. The second crosssectional survey will collect data from German and EU regulatory authorities as well as statutory health insurance companies on the procedures and costs associated with rental of medical-grade breast pumps.

